

Parenting

#09130

Grades 9 - 12

- ❖ To explore the parenting roles that most adults will assume at some time during their lives. Content may include: assessing readiness for parenthood; role clarification (mothers, fathers, and others); the finances of parenting; providing an environment for optimum child growth and development; family communication; stress and crisis in the family; special parenting situations (finding and assessing child care, the handicapped child, foster parenting, blended families, single-parent families, parenting as grandparents); current issues impacting on parents, children, and society; sources of support and assistance for parents and families; related careers; leadership development.
- ❖ It is recommended that enrollment of students below grade 10 be limited to those with immediate need, such as pregnant or parenting teens.

Credit:

$\frac{1}{4}$, $\frac{1}{2}$, or 1

Max credit = 1

MIS03 #09130		0.25, 0.5 or 1.0 Credit	PARENTING	
Career, Community, and Family Connections				
Content Standards	Competencies			✓
1.1 Analyze strategies to manage multiple roles and responsibilities (individual, family, career, community, and global).	1.1.1 Summarize local and global policies, issues, and trends in the workplace and community that affect individuals and families.			
	1.1.2 Analyze the effects of social, economic, and technological change on work and family dynamics.			
	1.1.3 Analyze ways that individual career goals can affect the family's capacity to meet goals for all family members.			
	1.1.4 Analyze potential effects of career path decisions on balancing work and family.			
1.3 Evaluate the reciprocal effects of individual and family participation in community activities.	1.3.1 Analyze goals that support individuals and family members in carrying out community and civic responsibilities.			
	1.3.2 Demonstrate skills that individuals and families can utilize to support civic engagement in community activities.			
Education and Early Childhood				
Content Standards	Competencies			
4.1 Analyze career paths within early childhood, education and related services.	4.1.1. Explain the roles and functions of individuals engaged in early childhood, education, and services.			
4.2 Analyze developmentally appropriate practices to plan for early childhood, education, and services.	4.2.1 Analyze child development theories and their implications for educational and childcare practices.			
	4.2.2 Apply a variety of assessment methods to observe and interpret children's growth and development.			
	4.2.4 Analyze abilities and needs of children and their effects on children's growth and development.			
	4.2.5 Analyze strategies that promote children's growth and development.			
4.4 Demonstrate a safe and healthy learning environment for children.	4.4.1 Manage physical space to maintain a learning environment that is safe and healthy and encourages physical activity.			
	4.4.2 Apply safe and healthy practices that comply with state regulations.			
	4.4.3 Implement strategies to teach children health, safety, and sanitation habits.			
	4.4.4 Plan safe and healthy meals and snacks.			
	4.4.5 Document symptoms of child abuse and neglect and use appropriate procedures to report suspected abuse or neglect to the designated authorities.			
	4.4.7 Demonstrate security and emergency procedures.			

4.5 Demonstrate techniques for positive collaborative relationships with children.	4.5.1 Apply developmentally appropriate guidelines for behavior.	
	4.5.2 Demonstrate problem-solving skills with children.	
	4.5.3 Demonstrate interpersonal skills that promote positive and productive relationships with children.	
	4.5.4 Implement strategies for constructive and supportive interactions between children and families.	
	4.5.5 Analyze children's developmental progress and summarize developmental issues and concerns.	
Family		
Content Standards	Competencies	
6.1 Analyze the effects of family as a system on individuals and society.	6.1.1 Analyze family as the basic unit of society.	
	6.1.2 Analyze the role of family in transmitting societal expectations.	
	6.1.3 Analyze global influences on today's families	
	6.1.4 Analyze the role of family in teaching culture and traditions across the life span.	
	6.1.5 Analyze the role of family in developing independence, interdependence, and commitment of family members.	
	6.1.6 Analyze the effects of change and transitions over the life course.	
	6.1.7 Analyze the ways family and consumer sciences careers assist the work of the family.	
6.2 Evaluate the effects of diverse perspectives, needs, and characteristics of individual and families.	6.2.1 Demonstrate awareness of multiple diversities and their effects on individuals, families, and society.	
	6.2.2 Analyze the effects of social and cultural diversity on individuals and families.	
	6.2.3 Analyze the effects of empathy for diversity on individuals in family, work, and community settings.	
	6.2.4 Demonstrate respect for diversity with sensitivity to anti-bias, gender, equity, age, culture, and ethnicity.	
	6.2.5 Analyze the effects of globalization and increasing diversity on individuals, families, and society.	
Family and Community Services		
Content Standards	Competencies	
7.2 Analyze factors relating to providing family and community services.	7.2.1 Describe local, state, and national agencies and informal support resources providing human services.	
	7.2.2 Analyze professional, ethical, legal, and safety issues that confront human service employees.	
	7.2.3 Summarize licensing laws and regulations that affect service providers and their participants.	
	7.2.5 Summarize the rights and responsibilities of human service participants and their families.	
	7.2.6 Analyze effective individual and family advocacy and self-advocacy strategies to overcome diverse challenges facing human services participants.	
	7.2.7 Analyze community-networking opportunities in family and community services.	

7.4 Evaluate conditions affecting individuals and families with a variety of disadvantaging conditions.	7.4.1 Assess health, wellness, and safety issues of individual and families with a variety of disadvantaging conditions.	
	7.4.2 Analyze management and living environment issues of individuals and families with a variety of disadvantaging conditions.	
	7.4.3 Analyze personal, social, emotional, economic, vocational, educational, and recreational issues for individuals and family with a variety of disadvantaging conditions.	
	7.4.4 Discriminate between situations that require personal prevention or intervention and those situations that require professional assistance.	
	7.4.5 Analyze situations which require crisis intervention.	
	7.4.6 Summarize the appropriate support needed to address selected human services issues.	
7.5 Evaluate services for individuals and families with a variety of disadvantaging conditions.	7.5.1 Describe needs and accommodations for people with a variety of disadvantaging conditions.	
	7.5.2 Analyze ways in which individuals with disadvantaging conditions affect the family and family members financially, socially, physically, and emotionally.	
	7.5.3 Illustrate coping or adjustment strategies and stress management practices for the participant, a caregiver, and family members.	
	7.5.4 Summarize the importance of friends, family, and community relationships for an individual with a variety of disadvantaging conditions.	
	7.5.5 Demonstrate ways to provide support that validates the participants' capabilities and right to privacy, dignity, and autonomy.	
	7.5.6 Demonstrate strategies that help participants make informed choices, access resources and support, follow through on responsibilities, and take appropriate risks.	
	7.5.7 Demonstrate verbal and nonverbal communication skills that support individuals and families with a variety of disadvantaging conditions.	
Food Production and Services		
Content Standards	Competencies	
8.2 Demonstrate food safety and sanitation procedures.	8.2.2 Employ food service management safety/sanitation program procedures, including CPR and first aid.	
Human Development		
Content Standards	Competencies	
12.1 Analyze principles of human growth and development across the life span.	12.1.1 Analyze physical, emotional, social, spiritual, and intellectual development.	
	12.1.2 Analyze interrelationships among physical, emotional, social, and intellectual aspects of human growth and development.	
	12.1.3 Analyze current and emerging research about human growth and development, including research on brain development.	

12.2 Analyze conditions that influence human growth and development.	12.2.1 Analyze the effect of heredity and environment on human growth and development.	
	12.2.2 Analyze the impact of social, economic, and technological forces on individual growth and development.	
	12.2.3 Analyze the effects of gender, ethnicity, and culture on individual development.	
	12.2.4 Analyze the effects of life events on individuals' physical, intellectual, social, moral, and emotional development.	
	12.2.5 Analyze geographic, political, and global influences on human growth and development.	
12.3 Analyze strategies that promote growth and development across the life span.	12.3.1 Analyze the role of nurturance on human growth and development.	
	12.3.2 Analyze the role of communication on human growth and development.	
	12.3.3 Analyze the role of family and social services support systems in meeting human growth and development needs.	
Interpersonal Relationships		
Content Standards	Competencies	
13.1 Analyze functions and expectations of various types of relationships.	13.1.6 Demonstrate stress management strategies for family, work, and community settings.	
13.2 Analyze personal needs and characteristics and their effects on interpersonal relationships.	13.2.1 Analyze the effects of personal characteristics on relationships.	
	13.2.2 Analyze the effect of personal need on relationships.	
	13.2.3 Analyze the effects of self-esteem and self-image on relationships.	
	13.2.4 Analyze the effects of life span events and conditions on relationships.	
	13.2.5 Explain the effects of personal standards and behaviors on interpersonal relationships.	
13.3 Demonstrate communication skills that contribute to positive relationships.	13.3.1 Analyze communication styles and their effects on relationships.	
	13.3.2 Demonstrate verbal and nonverbal behaviors and attitudes that contribute to effective communication.	
	13.3.3 Demonstrate effective listening and feedback techniques.	
	13.3.4 Analyze strategies to overcome communication barriers in family, community and work settings.	
	13.3.5 Apply ethical principles of communication in family, community and work settings.	
	13.3.6 Analyze the effects of communication technology in family, work, and community settings.	
	13.3.7 Analyze the roles and functions of communication in family, work, and community settings.	

13.4 Evaluate effective conflict prevention and management techniques.	13.4.1 Analyze the origin and development of attitudes and behaviors regarding conflict.	
	13.4.2 Explain how similarities and differences among people affect conflict prevention and management.	
	13.4.3 Apply the roles of decision making and problem solving in reducing and managing conflict.	
	13.4.4 Demonstrate nonviolent strategies that address conflict.	
	13.4.5 Demonstrate effective responses to harassment.	
	13.4.6 Assess community resources that support conflict prevention and management.	
13.5 Demonstrate teamwork and leadership skills in the family, workplace, and community.	13.5.1 Create an environment that encourages and respects the ideas, perspectives, and contributions of all group members.	
	13.5.2 Demonstrate strategies to motivate, encourage, and build trust in group members.	
	13.5.3 Demonstrate strategies that utilize the strengths and minimize the limitations of team members.	
	13.5.4 Demonstrate techniques that develop team and community spirit.	
	13.5.5 Demonstrate ways to organize and delegate responsibilities.	
	13.5.6 Create strategies to integrate new members into the team.	
	13.5.7 Demonstrate processes for cooperating, compromising, and collaborating.	
13.6 Demonstrate standards that guide behavior in interpersonal relationships.	13.6.1 Apply critical thinking and ethical criteria to evaluate interpersonal relationships.	
	13.6.2 Apply guidelines for assessing the nature of issues and situations.	
	13.6.3 Apply critical thinking and ethical standards when making judgments and taking action.	
	13.6.4 Demonstrate ethical behavior in family, workplace, and community settings.	
	13.6.5 Compare the relative merits of opposing points of view regarding current ethical issues.	
Nutrition and Wellness		
Content Standards	Competencies	
14.1 Analyze factors that influence nutrition and wellness practices across the life span.	14.1.1 Explain physical, emotional, social, psychological, and spiritual components of individual and family wellness.	
	14.1.2 Analyze the effects of psychological, cultural, and social influences on food choices and other nutrition practices.	
14.2 Evaluate the nutritional needs of individuals and families in relation to health and wellness across the life span.	14.2.3 Analyze the effects of food and diet fads, food addictions, and eating disorders on wellness.	
	14.2.4 Analyze sources of food and nutrition information, including food labels, related to health and wellness.	

14.3 Demonstrate ability to acquire, handle, and use foods to meet nutrition and wellness needs of individuals and families across the life span.	14.3.2 Design strategies that meet the health and nutrition requirements of individuals and families with special needs.	
Parenting		
Content Standards	Competencies	
15.1 Analyze roles and responsibilities of parenting.	15.1.1 Analyze parenting roles across the life span.	
	15.1.2 Analyze expectations and responsibilities of parenting.	
	15.1.3 Analyze consequences of parenting practices to the individual, family, and society.	
	15.1.4 Analyze societal conditions that influence parenting across the life span.	
	15.1.5 Explain cultural differences in roles and responsibilities of parenting.	
15.2 Evaluate parenting practices that maximize human growth and development.	15.2.1 Choose nurturing practices that support human growth and development.	
	15.2.2 Apply communication strategies that promote positive self-esteem in family members.	
	15.2.3 Assess common practices and emerging research about discipline on human growth and development.	
	15.2.4 Assess the effects of abuse and neglect on children and families and determine methods for prevention.	
	15.2.5 Apply criteria for selecting care and services for children.	
15.3 Evaluate external support systems that provide services for parents.	15.3.1 Assess community resources and services available to families.	
	15.3.2 Appraise community resources that provide opportunities related to parenting.	
	15.3.3 Summarize current laws and policies related to parenting.	
15.4 Analyze physical and emotional factors related to beginning the parenting process.	15.4.1 Analyze biological processes related to prenatal development, birth, and health of child and mother.	
	15.4.2 Analyze the emotional factors of prenatal development and birth in relation to the health of parents and child.	
	15.4.3 Analyze implications of alternatives to biological parenthood.	
	15.4.4 Analyze legal and ethical impacts of current and emerging technology on fertility and family planning.	

Parenting Course Topics and Related Standards Overview

PARENTING	FACS I	Middle School FACS
MIS03 # 09130	MIS03 # 09022	MIS03 # 09006
Family	Family	Family
Roles (6.1.1, 6.1.2, 6.1.3, 6.1.4, 6.1.5, 6.1.6, 6.1.7)	Roles (6.1.1, 6.1.4)	Roles (6.1.1)
Culture (6.2.1, 6.2.2, 6.2.3, 6.2.4, 6.2.5)	Culture (6.2.1, 6.2.4)	Culture (6.2.1, 6.2.4)
Relationships	Relationships	Relationships
Characteristics (13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5)	Characteristics (13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5)	Characteristics (13.2.1, 13.2.2, 13.2.3, 13.2.4, 13.2.5)
Stress Management (13.1.6)	Stress Management (13.1.6)	Stress Management (13.1.6)
Communication (13.3.1, 13.3.2, 13.3.3, 13.3.4, 13.3.5, 13.3.6, 13.3.7)	Communication (13.3.2, 13.3.3, 13.3.5, 13.3.6)	Communication (13.3.2, 13.3.3, 13.3.5, 13.3.6)
Conflict Management (13.4.1, 13.4.2, 13.4.3, 13.4.4, 13.4.5, 13.4.6)	Conflict Management (13.4.3, 13.4.5)	Conflict Management (13.4.3, 13.4.5)
Teamwork (13.5.1, 13.5.2, 13.5.3, 13.5.4, 13.5.5, 13.5.6, 13.5.7)	Teamwork (13.5.1, 13.5.2, 13.5.4, 13.5.5, 13.5.7)	Teamwork (13.5.1, 13.5.2, 13.5.4, 13.5.5, 13.5.7)
Behavior (13.6.1, 13.6.2, 13.6.3, 13.6.4, 13.6.5)	Behavior (13.6.1, 13.6.3, 13.6.4)	Behavior (13.6.4)
Skills	Skills	Skills
Responsibilities (15.1.1, 15.1.2, 15.1.3, 15.1.4, 15.1.5)	Responsibilities (15.1.2)	
Practices (15.2.1, 15.2.2, 15.2.3, 15.2.4, 15.2.5)		
Support (15.3.1, 15.3.2, 15.3.3)		
Development	Development	Development
Pre-Natal (15.4.1, 15.4.2, 15.4.3, 15.4.4)		
Life Span (12.1.1, 12.1.2, 12.1.3, 12.2.1, 12.2.2, 12.2.3, 12.2.4, 12.2.5, 12.3.1, 12.3.2, 12.3.3)	Life Span (12.1.1, 12.2.1)	Life Span (12.1.1)
Early Childhood	Early Childhood	Early Childhood
Practice (4.2.1, 4.2.2, 4.2.4, 4.2.5)	Practice (4.2.1, 4.2.5)	
Environment (4.4.1, 4.4.2, 4.4.3, 4.4.4, 4.4.5, 4.4.7)	Environment (4.4.4, 4.4.7)	Environment (4.4.4, 4.4.7)
Techniques (4.5.1, 4.5.2, 4.5.3, 4.5.4, 4.5.5)	Techniques (4.5.1, 4.5.2, 4.5.3)	Techniques (4.5.1, 4.5.2)
Wellness	Wellness	Wellness
Food Safety (8.2.2)	Food Safety (8.2.2)	Food Safety (8.2.2)
Nutrition (14.1.1, 14.1.2, 14.2.3, 14.2.4, 14.3.2)		
Community Services	Community Services	Community Services
Agencies (7.2.1, 7.2.2, 7.2.3, 7.2.5, 7.2.6, 7.2.7)		
Disadvantaging Conditions (7.4.1-7.4.6, 7.5.1-7.5.7)		
Related Careers (1.1.1, 1.1.2, 1.1.3, 1.1.4, 1.3.1, 1.3.2, 4.1.1)	Related Careers (4.1.1)	Related Careers